

This week we invite you to learn about...

Why is climate change causing extreme weather?

Germany has been devastated by floods, wildfires are blazing in Greece, there's drought in the Andes and fires in Siberia. Our lives are being forever changed by natural disasters it's because of climate inaction. As Dominican's we are always looking for truth, however these tragic events may be causing you eco-anxiety and that's OK! Learn how to help manage it over [here](#).



The now infamous IPCC report conducted by the UN has proven to us what we knew was coming, but it is closer than we knew. VICE News has a quick explanation [here](#) to help you understand the main details and what you can do.



DID YOU KNOW...

One garbage truck's worth of textiles is landfilled or incinerated every second.



Does this alarm you? It should! But don't lose hope, research shows that we (gen z) are the most consciously consuming generation, we have the power to change the face of the fashion industry! In fact, [Greta](#) is voicing what we all need to, together.

Need some help with ethical and sustainable fashion? [goodonyou's](#) guide for teens will help get you started.

But remember the best way to help the planet is to consume less.

Spotlight!

Flora and Fauna

New to the sustainable lifestyle? Australian brand Flora and Fauna have all the eco friendly goods you could need to make that change. All plastic packaging free and consciously curated with all budgets in mind, they're here to help you get started.

Check out [F&F](#) over here!

